

Available Procedures At Manchester Private Hospital

BREAST SURGERY

- Breast Enlargement
- Breast Reduction
- Breast Uplift
- Fat Transfer Breast Aug
- Breast Re-Augmentation
- Breast Asymmetry
- Breast Reconstruction
- Transgender Breast Surgery
- Nipple Correction

BODY SURGERY

- Liposuction
- Vaser Liposuction
- Vaser Hi-def
- Tummy Tuck
- Mini Tummy Tuck
- Arm Lift
- Thigh Lift
- 360 Liposuction
- Body Lift Surgery
- Buffalo Hump Removal
- Fat Transfer
- Lipoedema Liposuction
- Pubic Fat Pad Removal
- Gynecomastia
- J Plasma Renuvion
- Vaginal Tightening
- Labiaplasty
- Varicose Veins
- Pelvic Floor Repair
- Brazilian Butt Lift
- Mummy Makeover

FACE SURGERY

- Facelift
- Facial Lipo
- Chin Implants
- Eyebrow Lift
- Nose Surgery
- Eyebag Removal
- Ear Correction
- Septorhinoplasty
- Neck Lift Surgery



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MANCHESTER
PRIVATE HOSPITAL

Manual Lymphatic Drainage (MLD) Massage

Excellent ★★★★★ ★ Trustpilot

CONTACT US

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As part of the vaser liposuction procedure it is important that you have this massage following your surgery to achieve the best results and also to avoid the complications that can occur with this surgery

The core benefit of the lymphatic drainage massage after liposuction is that it helps with post-op swelling by improving the flow of the lymph fluid to reduce congestion in the swollen areas and support effective drainage.

Your body's lymph nodes carry white blood cells around the body to remove waste and circulate clean lymph fluid. This fluid carries cells that fight infections and helps maintain good blood circulation.

The lymphatic system is important for the body's recovery process and it can get damaged during surgical procedures such as cosmetic surgery and cancer surgeries.

Alymphatic massage helps the lymphatic system to recover after surgical procedures.

Alymphatic massage, unlike a traditional massage, focuses on improving the lymphatic system in the skin rather than on blood flow to muscles.

Benefits Of Post-Surgery Massages

Post-surgical lymphatic massages help a patient in their healing journey post-surgery:

- Improve blood circulation
- Give the blood more oxygen - which can help to shorten healing Times
- Decrease inflammation
- Improve skin quality - after bruising and damage from surgery
- Reduce stress
- Reduce scarring of wounds

Lymphatic drainage massages can benefit a range of reconstructive and cosmetic procedures. They are most commonly recommended for cosmetic surgery procedures such as tummy tucks, breast augmentation and liposuction. All of these procedures disrupt the skin's lymphatic channels that are fundamental to recovery. New lymphatic channels take time to form and lymphatic massages speed this process up.

What are the risks post-surgery if you don't have a lymphatic massage?

Without lymphatic massages post-surgery, healing times can be slower and lymphoedema can occur.

Lymphoedema is a chronic condition whereby the lymphatic system gets damaged and causes the body's tissue to swell. Although surgery can sometimes be used to treat lymphoedema, it can also stimulate it due to trauma to the lymphatic system. The alternative is decongestive lymphatic therapy, a non-invasive treatment and prevention method for post operative swelling. A large part of decongestive lymphatic therapy includes lymphatic drainage massage.

MLD Price List

SINGLE TREATMENT	1 MLD Massage treatment, 1 Hour	£75
SINGLE TREATMENT	Manual Lymphatic Drainage (MLD) with taping, 1 Hour	£90
PACKAGE 1	4 MLD Massage treatments + 1 Post surgical garment	£375
PACKAGE 2	6 MLD Massage treatments + 1 Post surgical garment	£500
PACKAGE 3	8 MLD Massage treatments + 1 Post surgical garment	£575

To Book your package please contact your Patient Coordinator on **0161 507 8822**

Name :

Telephone :