

Available Procedures At Manchester Private Hospital

BREAST SURGERY

- Breast Enlargement
- Breast Reduction
- Breast Uplift
- Fat Transfer Breast Aug
- Breast Re-Augmentation
- Breast Asymmetry
- Breast Reconstruction
- Transgender Breast Surgery
- Nipple Correction

BODY SURGERY

- Liposuction
- Vaser Liposuction
- Vaser Hi-def
- Tummy Tuck
- Mini Tummy Tuck
- Arm Lift
- Thigh Lift
- 360 Liposuction
- Body Lift Surgery
- Buffalo Hump Removal
- Fat Transfer
- Lipoedema Liposuction
- Pubic Fat Pad Removal
- Gynecomastia
- J Plasma Renuvion
- Vaginal Tightening
- Labiaplasty
- Varicose Veins
- Pelvic Floor Repair
- Brazilian Butt Lift
- Mummy Makeover

FACE SURGERY

- Facelift
- Facial Lipo
- Chin Implants
- Eyebrow Lift
- Nose Surgery
- Eyebag Removal
- Ear Correction
- Septorhinoplasty
- Neck Lift Surgery

MANCHESTER
PRIVATE HOSPITAL

JUNE 2025 EDITION

Post - Operative Advice Circumcision

WHEN IS MY MEDICATION NEXT DUE?

Pain Relief - Time _____

Antibiotic - Time _____

FOR MEDICAL EMERGENCIES

0787 439 7261

FOR ANY GENERAL ENQUIRIES

0161 507 8822

Excellent ★★★★★ ★ Trustpilot

CONTACT US

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PAIN

It is normal to experience some pain/discomfort post operatively. Analgesia or changing positions may help reduce your pain. You will be given pain relief to take home. Take the pain relief at regular intervals as prescribed and stop taking them when you no longer need them.

Pain relief that contains codeine can make you constipated and bloated therefore stop taking codeine when you no longer need them, to also help avoid unpleasant side effects to your mood and digestive system. If you do become constipated, we advise you take Senna or similar over the counter remedy from the pharmacy.

Complete the course of antibiotics if prescribed to you, to help further reduce the risk of infection. If you have any adverse side effects, please stop taking them and call us for advice. Probiotics help the digestive system to return to normal gut flora following antibiotics. Remember to eat a balanced diet including fruit, vegetables and proteins. We also advise you drink plenty of fluids throughout the day to avoid dehydration. This will help with healing. Please avoid alcohol for one week following surgery as this can thin the blood, increases risk of bruising and is not to be taken whilst on antibiotics.

SWELLING

You can expect a little swelling and bruising at the wound site. It can take 3-4 weeks for your wound to heal completely. Wear supportive underwear to aid with discomfort and swelling.

STITCHES

Usually dissolvable sutures will be used – they dissolve or fall off in about 14-21-days however can take 4-6weeks to completely dissolve or disappear.

WOUND

There may be a dressing on your penis initially postoperatively, instructions on when to remove this will be given to you prior to discharge.

GLANS SENSITIVITY

The glans (head of the your penis) will feel extra sensitive for the first few weeks after your operation. This should settle down with time and you will notice the sensitivity becoming less than just before the operation.

In the first 6 weeks the head of the penis and the skin around the wound may appear swollen but this is normal and should return to normal about 6 months post surgery.

SEXUAL ACTIVITY

You should refrain from all sexual activity initially for 4-6weeks after the operation or unless advised otherwise by your surgeon.

BATHING AND SHOWERING

It is recommended that you only bath or shower 3 days after surgery. Always keep your wound dry and clean – pat the wound gently when drying. Do not apply any creams or ointments on our penis until it is fully healed. Sometimes the head of the penis may be dry in this instance you can use a small amount of Vaseline to keep it moisturised.

DEEP VEIN THROMBOSIS (DVT)

Signs of a blood clot called deep vein thrombosis (DVT) is calf pain and swelling. If this happens you must attend Accident and Emergency for investigations. Deep vein thrombosis or DVT can lead to a blood clot in the lung called PE or Pulmonary Embolism which is life threatening. The signs of PE are chest pain and shortness of breath. If you experience these symptoms, you must call 999 as this is a medical emergency.

ACTIVITY AND EXERCISE

We advise you to avoid driving for the 1-2 weeks following surgery and until you no longer require pain relief and feel safe to make an emergency stop.

Avoid sports or exercise for 2-3 weeks following surgery (unless advised otherwise by your surgeon), gentle exercise only such as walking is encouraged to avoid blood clotting problems such as deep vein thrombosis. Please call us, at any time, if you are concerned. We are here to support you throughout your patient journey.

EMERGENCY: In case of emergency please dial 999 and attend Accident and Emergency this includes sudden high temperature, bleeding, chest pain and breathlessness.