

Available Procedures At Manchester Private Hospital

BREAST SURGERY

- Breast Enlargement
- Breast Reduction
- Breast Uplift
- Fat Transfer Breast Aug
- Breast Re-Augmentation
- Breast Asymmetry
- Breast Reconstruction
- Transgender Breast Surgery
- Nipple Correction

BODY SURGERY

- Liposuction
- Vaser Liposuction
- Vaser Hi-def
- Tummy Tuck
- Mini Tummy Tuck
- Arm Lift
- Thigh Lift
- 360 Liposuction
- Body Lift Surgery
- Buffalo Hump Removal
- Fat Transfer
- Lipoedema Liposuction
- Pubic Fat Pad Removal
- Gynecomastia
- J Plasma Renuvion
- Vaginal Tightening
- Labiaplasty
- Varicose Veins
- Pelvic Floor Repair
- Brazilian Butt Lift
- Mummy Makeover

FACE SURGERY

- Facelift
- Facial Lipo
- Chin Implants
- Eyebrow Lift
- Nose Surgery
- Eyebag Removal
- Ear Correction
- Septorhinoplasty
- Neck Lift Surgery

Excellent  ★ Trustpilot

CONTACT US

Manchester Private Hospital

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MANCHESTER
PRIVATE HOSPITAL

JUNE 2025 EDITION

Post-Operative Advice Vaginal Tightening

WHEN IS MY MEDICATION NEXT DUE?

Pain Relief - Time _____

Antibiotic - Time _____

FOR MEDICAL EMERGENCIES

0787 439 7261

FOR ANY GENERAL ENQUIRIES

0161 507 8822

manchesterprivatehospital.uk

You must have someone to accompany you on discharge to ensure you get home safely. In addition, we strongly recommend that there is someone with you for 24 hours post discharge. You should avoid carrying out any heavy objects.

Following your procedure, you should not drive for at least 3 days.

Please also ensure, that there is adequate help at home to help your recovery.

PAIN RELIEF

As with any surgical procedure you should expect to experience a certain amount of discomfort. The nurse will give you some painkillers, which you should take as directed.

ANTIBIOTICS

You may be also be given a supply of antibiotics, which should also be taken as directed. It is very important that you complete the full course. Antibiotics can sometimes cause nausea. If the Nausea becomes too problematic, please call the advice line. It is advisable not to drink alcohol until you have completed the course. These will be as a vaginal gel or an oral treatment.

BOWEL SOFTENER

We strongly advise you to use a stool softener we will give you Movicol for this on discharge or you may need to acquire same from the pharmacy.

POST OPERATIVE REVIEW

You will need to make a follow up appointment to attend clinic for a wound check at approximately 14 days after your operation.

Your sutures tend to be absorbable and will not need removing – only trimming if they are causing irritation.

GENERAL INFORMATION

- 1. Some degree of swelling is normal during the first few weeks following the operation. Numbness (reduction of sensitivity) can also be experienced but this is usually temporary.
- 2. You may shower only daily for the first week post operatively, do not have a bath during this time. (Frequent bathing could result in the stitches dissolving too quickly)
- 3. Sanitary Towels must be worn for 1-2 weeks and changed regularly throughout the day. Do NOT use tampons during this time.
- 4. You must avoid sexual intercourse for 6-8 weeks.
- 5. Gentle exercise can be resumed at 2 weeks but activities such as cycling, and horse riding should be avoided for 6 weeks post operatively please.
- 6. Please call us if you suspect you have an infection. Signs of infection include fever, pain, an offensive discharge, or increased bleeding from wound.

- 7. Please wait until you are pain free to resume driving.
- 8. Flights should be avoided until at least 30 days following the surgery.
- 9. You will be reviewed again approximately 2-4 weeks after your operation unless you request to see Mr Morris earlier.

EMERGENCY

**IN CASE OF EMERGENCY PLEASE
DIAL 999 OR ATTEND ACCIDENT
AND EMERGENCY. THIS INCLUDES
IF YOU HAVE A SUDDEN HIGH
TEMPERATURE, BLEEDING, CHEST
PAIN AND BREATHLESSNESS.**