

# Available Procedures At Manchester Private Hospital

## BREAST SURGERY

- Breast Enlargement
- Breast Reduction
- Breast Uplift
- Fat Transfer Breast Aug
- Breast Re-Augmentation
- Breast Asymmetry
- Breast Reconstruction
- Transgender Breast Surgery
- Nipple Correction

## BODY SURGERY

- Liposuction
- Vaser Liposuction
- Vaser Hi-def
- Tummy Tuck
- Mini Tummy Tuck
- Arm Lift
- Thigh Lift
- 360 Liposuction
- Body Lift Surgery
- Buffalo Hump Removal
- Fat Transfer
- Lipoedema Liposuction
- Pubic Fat Pad Removal
- Gynecomastia
- J Plasma Renuvion
- Vaginal Tightening
- Labiaplasty
- Varicose Veins
- Pelvic Floor Repair
- Brazilian Butt Lift
- Mummy Makeover

## FACE SURGERY

- Facelift
- Facial Lipo
- Chin Implants
- Eyebrow Lift
- Nose Surgery
- Eyebag Removal
- Ear Correction
- Septorhinoplasty
- Neck Lift Surgery

Excellent  ★ Trustpilot

## CONTACT US

### Manchester Private Hospital

New Court, Regents Place, Windsor Street Salford,  
Greater Manchester, M5 4HB.

 0161 507 8822  manchesterprivatehospital.uk



MANCHESTER  
PRIVATE HOSPITAL

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# Post-Operative Advice Labiaplasty

## WHEN IS MY MEDICATION NEXT DUE?

Pain Relief - Time \_\_\_\_\_

Antibiotic - Time \_\_\_\_\_

FOR MEDICAL EMERGENCIES

**0787 439 7261**

FOR ANY GENERAL ENQUIRIES

**0161 507 8822**

manchesterprivatehospital.uk

**FOLLOWING YOUR LABIAPLASTY.**

Post operative bruising and swelling is normal and should subside over the next 6-8 weeks.

You will leave hospital with dissolvable sutures that will gradually dissolve over a period of 2-3 weeks of healing.

You should take a daily shower and pat the area gently dry with a clean towel. You do not need to over wash the area.

Wear sanitary towel in your knickers and change them regularly to keep the area hygienically clean and to keep an eye on any blood loss.

Blood spotting from the incisions is normal and expected for a few days after surgery.

For bleeding that continues please contact us for advice.

Do not have a bath for 2 weeks post op as this may cause the sutures to dissolve too quickly leading the wound to open up before it has fully healed.

No sexual intercourse for at least 8 weeks post operatively as the scars need to be fully healed. You can discuss this with your surgeon at your 6-8 week review.

You will be given pain relief prescribed by the surgeon.

Take these when required. Usually, paracetamol and codeine will be prescribed but after 2-3 days if you no longer require them stop. Medication containing codeine can cause you to feel low in mood and can cause constipation so when you no longer need them stop taking them.

To help prevent constipation after surgery eat a good diet with fruit and vegetables. Drink plenty of fluids and walk gently at least hourly. Staying mobile is essential in reducing risk of deep vein thrombosis following surgery.

It is important to wear your anti thrombosis stockings for 2-3 weeks following surgery and longer if you are inactive. your nurse will advise you before you leave the ward

Signs of a blood clot called deep vein thrombosis DVT are calf pain and swelling.

If this happens you must attend accident and emergency for investigations.

Deep vein thrombosis or DVT can lead to a blood clot in the lung called PE or Pulmonary Embolism which is life threatening,

The signs of PE are chest pain and shortness of breath. If you experience these symptoms, you must call 999 as this is a medical emergency.

You will be given an antibiotic cream called Chloramphenicol to apply to labia.

This is very soothing and helps reduce risk of infection.

You may also be given oral antibiotics please complete the prescribed course.

Please inform us of any negative side effects worries or concerns that you experience.

You may shower the following day after surgery.

**DO NOT SMOKE OR BE AROUND SMOKERS FOR AT LEAST 3 MONTHS AFTER SURGERY AS THIS CAN LEAD TO INFECTION AND POOR HEALING**

**EMERGENCY**

**IN CASE OF EMERGENCY PLEASE DIAL 999 AND ATTEND ACCIDENT AND EMERGENCY THIS INCLUDES SUDDEN HIGH TEMPERATURE, BLEEDING, CHEST PAIN AND BREATHLESSNESS.**