

# Available Procedures At Manchester Private Hospital

## BREAST SURGERY

- Breast Enlargement
- Breast Reduction
- Breast Uplift
- Fat Transfer Breast Aug
- Breast Re-Augmentation
- Breast Asymmetry
- Breast Reconstruction
- Transgender Breast Surgery
- Nipple Correction

## BODY SURGERY

- Liposuction
- Vaser Liposuction
- Vaser Hi-def
- Tummy Tuck
- Mini Tummy Tuck
- Arm Lift
- Thigh Lift
- 360 Liposuction
- Body Lift Surgery
- Buffalo Hump Removal
- Fat Transfer
- Lipoedema Liposuction
- Pubic Fat Pad Removal
- Gynecomastia
- J Plasma Renuvion
- Vaginal Tightening
- Labiaplasty
- Varicose Veins
- Pelvic Floor Repair
- Brazilian Butt Lift
- Mummy Makeover

## FACE SURGERY

- Facelift
- Facial Lipo
- Chin Implants
- Eyebrow Lift
- Nose Surgery
- Eyebag Removal
- Ear Correction
- Septorhinoplasty
- Neck Lift Surgery



MANCHESTER  
PRIVATE HOSPITAL

# Post-Operative Advice Otoplasty

## WHEN IS MY MEDICATION NEXT DUE?

Pain Relief - Time \_\_\_\_\_


Antibiotic - Time \_\_\_\_\_

Excellent   Trustpilot

## CONTACT US

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 manchesterprivatehospital.uk

[manchesterprivatehospital.uk](http://manchesterprivatehospital.uk)

For any Post Operative Queries

**0161 507 8822**

## **FOLLOWING YOUR OTOPLASTY SURGERY**

You will leave the hospital wearing a tight bandage around your head and ears. This bandage is there to support the ears, reduce risk of bleeding and keep the ears in the new cosmetic position.

during the first 7 days after surgery.

Keep the bandage in place until you come back to see the nurse after 7 days.

If you notice any bleeding from the bandage, please inform us.

Once the local anaesthetic wears off you will feel some pain/ discomfort.

You will be given pain relief prescribed by the surgeon.

Take these when required. Usually, paracetamol and codeine will be prescribed but after 2-3 days if you no longer require them stop. Medication containing codeine can cause you to feel low in mood and can cause constipation so when you no longer need them stop taking them.

You may also be given oral antibiotics please complete the prescribed course.

Please inform us of any negative side effects worries or concerns that you experience.

Please rest after surgery and avoid bending down as this can cause bleeding due to the pressure. Bend your knees if you need to bend down. Keep the dressing dry no have hot baths.

Your nurse will see you at around 7 days post op to remove the bandage and check the wound. You will be allowed to shower after this appointment and wash your hair with a mild shampoo. You may or may not have sutures that need removing your nurse will inform you at your clinic appointment. Sometimes the sutures are dissolvable.

The nurse will provide you with a lighter bandage or band to be worn for 3 weeks at night. This is to keep the ears in the correct position whilst you are sleeping and to ensure the ears don't fold forward whilst asleep which can spoil the cosmetic result.

An elastic sports band can be worn.

To help prevent constipation after surgery eat a good diet with fruit and vegetables. Drink plenty of fluids and walk gently at least hourly. Staying mobile is essential in reducing risk of deep vein thrombosis following surgery.

It is important to wear your anti thrombosis stockings for 2-3 days following surgery and longer if you are inactive.

Signs of a blood clot called deep vein thrombosis DVT are calf pain and swelling.

If this happens you must attend accident and emergency for investigations.

Deep vein thrombosis or DVT can lead to a blood clot in the lung called PE or Pulmonary Embolism which is life threatening,

The signs of PE are chest pain and shortness of breath. If you experience these symptoms you must call 999 as this is a medical emergency.

**DO NOT SMOKE OR BE AROUND SMOKERS FOR AT LEAST 3 MONTHS AFTER SURGERY AS THIS CAN LEAD TO INFECTION AND POOR HEALING**

### **EMERGENCY**

**IN CASE OF EMERGENCY PLEASE DIAL 999 AND ATTEND ACCIDENT AND EMERGENCY THIS INCLUDES SUDDEN HIGH TEMPERATURE, BLEEDING, CHEST PAIN AND BREATHLESSNESS.**